



VELOCITY **LEADERSHIP**
CONSULTING



COACHING HIGH
PERFORMERS TO
REACH THEIR
**GREATEST
POTENTIAL**

REALIZE YOUR POTENTIAL

Our high-performing clients are facing a challenge or transition, or are pursuing higher levels of results in their professional and personal lives. Either way, our unique approach reveals the unconscious patterns that impede their desired progress and success.

Velocity Leadership Consulting uses scientifically proven techniques and business psychology coaching models that reveal unconscious patterns that block achievement. We coach our clients through systematically clearing unconscious barriers — creating faster, higher-level, more sustainable results than traditional coaching programs deliver.

Through our coaching, companies can retain key executives and ensure that high performers deliver required leadership skills while achieving greater happiness and personal satisfaction. Executives can experience a new way to develop leadership skills, with velocity and ease.

CUSTOM COACHING PROGRAMS

Recognizing that no two companies or coaching clients are the same, we customize coaching engagements to best meet our client's goals. Executives and managers typically engage in private one-on-one coaching at a regular frequency — often twice a month, with additional sessions as needed. Clients gain the best results from a minimum 6-month engagement.

NATIONAL COACHING TEAM

We have a versatile team of coaches who are effectively matched to clients based on behavioral profiles and expertise. Our coaches are distinguished professionals with extensive business and coaching experience. Credentialed through professional coaching associations, they are trained in scientifically proven unconscious mind methodology and practices.



COACHING APPROACH

TRADITIONAL

Stays above the surface.

20%
Conscious

- Conscious decision-making produces 20% of potential results

80%
Unconscious

- Drives ALL learning, growth and behavior
- 1 million times more powerful than the conscious mind

VELOCITY LEADERSHIP CONSULTING

We use scientifically proven techniques and coaching methods to:

- Ask key questions that shine a light on a pattern.
- Unpack the emotion/meaning/context causing these patterns.
- Clear away the undesired pattern using scientifically proven techniques and modalities.
- Create expanded possibilities; produce rapid and lasting results.

“Coaching is especially effective at the executive level because like everyone, busy executives have blind spots. Coaching is an ideal opportunity for continued development for executives.”

“Business psychology coaching — working with the unconscious mind — is the next evolution in business coaching and is what traditional coaching lacks.”

the conscious n. The part of the mind comprising psychic material of which the **individual is aware.**

the unconscious n. The part of the mind containing psychic material that is **only rarely accessible to awareness but that has a pronounced influence on behavior.**

Random House Webster's Unabridged Dictionary

“No problem is solved on the same level of thinking that created it.”

— Albert Einstein

WHAT OUR CLIENTS ARE SAYING

"I would rate Velocity Leadership Consulting coaching a 10. The coaching process challenged me where I needed it most. My coach understood the uniqueness of my business. I found our sessions highly productive."

—Tom D.

"Velocity Leadership Consulting coaches listen. They care and they have professional experience from the employee, employer and client perspective. This insight is invaluable! I have a coach to give me support, push me through seemingly impossible challenges and encourage me to take steps I would never have thought possible on my own. Don't be afraid, get a coach and get on with the career (and life) you want."

—K. Morrow

"Before Velocity Leadership Consulting coaching, I was in a constant state of hopelessness and confusion. I'd lost sight of my dreams and identity, and allowed 'struggle' to be my focus, every day. My coach helped me develop a very successful plan to prioritize my passions and have maximum productivity in my career. The greatest feeling of all is that I don't have fear or guilt about living the life that makes ME feel the greatest. I've had higher and longer-lasting results than ever before."

—Carrie R.

"What a great coaching experience! I've spent this weekend much more relaxed and not stressed about other people's actions or inactions. It is quite strange to feel so different from such a simple (but obviously complex) exercise. I am much more relaxed about work challenges."

—Sandy L.



velocityleadershipconsulting.com/coaching

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